

Resultaten juli 2013

Verwerkte uitslagen:

KRUISSHOUTEM, 1 juli 2013. Avondmarktloop.

12 kilometer (65 deelnemers)

| | |
|--------------------------|-------|
| 4. Decroix Eddy | 44.58 |
| 6. De Werdt Peter | 45.38 |
| 13. Van Nieuwenhuize Wim | 49.14 |

OUDENAARDE, 2 juli 2013. Vakantiemeeting.

100m AC dames (15)

| | | |
|------------------------|----------------|-------|
| 1. Cozijns Lindsay | <u>-1,0m/s</u> | 12.74 |
| 5. Vanderbauwhede Lies | <u>-1,0m/s</u> | 13.51 |
| 9. De Waele Maaïke | <u>-0,6m/s</u> | 14.36 |
| 11. Notte Sara | <u>-0,7m/s</u> | 14.43 |
| 13. Gheerolfs Eline | <u>-0,7m/s</u> | 15.62 |
| 14. Vindevoghel Sofie | <u>-0,7m/s</u> | 16.23 |

200m AC dames (12)

| | | |
|-----------------------|----------------|-------|
| 1. Cozijns Lindsay | <u>-0,9m/s</u> | 25.60 |
| 3. Van Puyvelde Margo | <u>-0,9m/s</u> | 26.83 |
| 7. De Lange Laura | <u>-1,4m/s</u> | 28.57 |
| 10. De Waele Maaïke | <u>-0,9m/s</u> | 29.32 |
| 11. Notte Sara | <u>-1,4m/s</u> | 29.63 |
| 12. Vindevoghel Sofie | <u>-1,4m/s</u> | 33.72 |

400m AC dames (10)

| | |
|-------------------------|-------|
| 4. Vanderbauwhede Lies | 62.78 |
| 5. Reynaert Hanne | 63.37 |
| 6. Heyse Sara | 64.34 |
| 7. Bosschaert Laure | 66.94 |
| 8. De Vos Soetkin | 69.27 |
| 10. Vandermeulen Milena | 69.48 |

1.500m AC dames (8)

| | |
|---------------------|---------|
| 2. Eeckhout Ilana | 5.18.65 |
| 6. Vermeulen Annie | 5.33.80 |
| 7. Goossens Martine | 5.45.14 |

100m horden scholieren meisjes (2)

| | | |
|--------------------|----------------|-------|
| 2. De Waele Nienke | <u>-1,4m/s</u> | 17.71 |
|--------------------|----------------|-------|

hoogspringen scholieren meisjes (2)

| | |
|--------------------|------|
| 1. De Waele Nienke | 1m50 |
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kogelstoten 3kg scholieren meisjes (2)

| | |
|--------------------|------|
| 2. De Waele Nienke | 8m00 |
|--------------------|------|

- 01/07: Kruishoutem (wegwedstrijd)
- 02/07: Oudenaarde
- 02/07: Vilvoorde
- 06/07: Oordegem (Flanders Cup)
- 06/07: Brussel
- 06/07: Oudenaarde (Interregio jeugd)
- 06/07: Poperinge
- 06/07: Torhout
- 07/07: Ninove (jeugd)
- 07/07: Brakel (wegwedstrijd)
- 11/07: Ninove
- 11/07: Maldegem
- 11/07: Tampere (EK U23)
- 12/07: Zevegem (wegwedstrijd)
- 13/07: Heusden-Zolder (KBC-nacht)
- 13/07: Chatelineau
- 13/07: Oordegem (jeugd)
- 14/07: Lokeren (jeugd)
- 14/07: Kortrijk (Flanders Cup)
- 14/07: Lokeren (jeugd)
- 19/07: St. Margriete (wegwedstrijd)
- 20/07: Brussel (BK AC)
- 20/07: Rieti (EK U20)
- 21/07: Brussel (BK AC)
- 23/07: Oudenaarde
- 26/07: Wenduine (wegwedstrijd)
- 27/07: Oudenaarde (masters)
- 27/07: Ninove (Flanders Cup)
- 27/07: Lier (jeugd)
- 28/07: Eke (wegwedstrijd)
- 28/07: Sint-Niklaas (jeugd)

kogelstoten 4kg jsm dames (3)

| | | |
|-----------------|--|-------|
| 1. Notte Sara | | 10m30 |
| 2. Carton Eline | | 8m99 |

kogelstoten 3kg masters dames W50+ (2)

| | | |
|------------------|--|------|
| 2. Rogiers Conny | | 7m15 |
|------------------|--|------|

kogelstoten 2kg masters dames W75+ (1)

| | | |
|--------------------|--|------|
| 1. Hanssens Rachel | | 7m55 |
|--------------------|--|------|

discuswerpen 1kg jsm dames (2)

| | | |
|------------------|--|-------|
| 2. Rogiers Conny | | 16m01 |
|------------------|--|-------|

discuswerpen 0,75kg masters dames W75+ (1)

| | | |
|--------------------|--|-------|
| 1. Hanssens Rachel | | 19m15 |
|--------------------|--|-------|

100m kadetten jongens (4)

| | | |
|------------------------|----------------|-------|
| 1. Vanderbauwhede Bert | <u>-0,6m/s</u> | 12.44 |
| 4. Carton Arno | <u>-0,6m/s</u> | 15.11 |

100m scholieren jongens (3)

| | | |
|---------------------------|----------------|-------|
| 1. Van Hauwermeiren Jaspe | <u>-0,3m/s</u> | 11.63 |
| 2. Van Laethem Matthias | <u>-0,3m/s</u> | 12.61 |
| 3. Segers Michiel | <u>-0,3m/s</u> | 12.90 |

200m AC heren (14)

| | | |
|---------------------------|----------------|-------|
| 4. Van Hauwermeiren Jaspe | <u>-1,2m/s</u> | 23.55 |
| 8. Botte Stef | <u>-1,2m/s</u> | 25.20 |
| 9. Vanderbauwhede Bert | <u>-1,2m/s</u> | 25.21 |
| 10. Klein Joachim | <u>-1,0m/s</u> | 26.11 |

400m AC heren (15)

| | | |
|-------------------------|--|-------|
| 5. Van Vlaenderen Emiel | | 52.73 |
| 7. Kerise Florian | | 54.53 |
| 8. Ver Cruysse Anthony | | 54.70 |
| 9. Gheerolfs Joachim | | 54.79 |
| 13. Reyns Jano | | 62.18 |
| 14. Vande Velde Jelle | | 64.15 |

1.500m AC heren (34)

| | | |
|--------------------------|--|---------|
| 1. Winnepeninckx Solomon | | 4.02.95 |
| 2. Deliveyne Aaron | | 4.13.04 |
| 3. Rogge Simon | | 4.13.56 |
| 4. Bauters Ben | | 4.14.79 |
| 9. Wieleman Jonas | | 4.27.17 |
| 10. De Smet Wouter | | 4.27.53 |
| 11. Decabooter Thomas | | 4.28.66 |
| 12. Vanderbeken Jonas | | 4.28.73 |
| 13. Goethals Jurgen | | 4.29.17 |
| 14. Buyck Jasper | | 4.30.61 |

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|----------------------|--|---------|
| 17. De Coene Wim | | 4.32.77 |
| 23. Robbens Dieter | | 4.47.56 |
| 28. Ketsman Freddy | | 4.57.75 |
| 29. Martens Freddy | | 4.58.54 |
| 31. Demetter Pieter | | 5.02.30 |
| 32. De Lange Patrick | | 5.05.42 |

verspringen kadetten jongens (3)

| | | |
|------------------|---------|------|
| 3. Moreels Anton | -1,2m/s | 4m45 |
|------------------|---------|------|

polsstokspringen kadetten jongens (1)

| | | |
|---------------|--|------|
| 1. Botte Stef | | 2m80 |
|---------------|--|------|

speerwerpen 600g kadetten jongens (5)

| | | |
|------------------|--|-------|
| 3. De Bock Tom | | 29m10 |
| 4. Goubau Gilles | | 28m05 |
| 5. Carton Arno | | 26m44 |

verspringen jsm heren (2)

| | | |
|-------------------|---------|------|
| 2. Cantaert Joris | -1,2m/s | 4m72 |
|-------------------|---------|------|

polsstokspringen jsm heren (1)

| | | |
|-------------------|--|------|
| 1. Descamps Anton | | 4m10 |
|-------------------|--|------|

Clubrecord junioren!

kogelstoten 7,26kg jsm heren (3)

| | | |
|------------------------|--|-------|
| 1. Raepsaet Emmanuel | | 11m06 |
| 2. Van Coppenolle Andy | | 9m76 |

speerwerpen 800g jsm heren (3)

| | | |
|------------------------|--|-------|
| 3. Van Coppenolle Andy | | 28m94 |
|------------------------|--|-------|

**VILVOORDE, 2 juli 2013.
Avondmeeting Reizen Lauwers.**

1.000m jsm heren (31)

| | | |
|----------------------------|--|---------|
| 5. Vandeneede Jean-Baptist | | 2.35.90 |
|----------------------------|--|---------|

**ORDEGEM, 6 juli 2013.
Flanders Cup - Memorial Leon Buyle.**

400m AC dames (25)

| | | |
|--------------------|--|-------|
| 7. Cozijns Lindsay | | 56.82 |
|--------------------|--|-------|

1.500m AC dames (73)

| | | |
|--------------------|--|---------|
| 37. Reynaert Hanne | | 4.47.55 |
|--------------------|--|---------|

hoogspringen AC dames (9)

| | | |
|--------------------|--|------|
| 7. De Waele Nienke | | 1m56 |
|--------------------|--|------|

200m AC heren (50)

14. De Meulemeester Alan +0.3m/s 22.05

800m AC heren (111)

59. Vandeneede Jean-Baptist 1.59.22

3.000m AC heren (48)

24. Winnepeninckx Solomon 8.42.83

BRUSSEL, 6 juli 2013.

Brussels Grand Prix.

400m AC heren (40)

20. De Lange Simon 50.60

OUDENAARDE, 6 juli 2013.

Interregio Jeugdcup - wedstrijd 5.

600m benjamins meisjes (26)

2. Loman Danaë 2.10.14

6. Van Bever Antje 2.14.95

12. Vanderbauwhede Kaat 2.18.54

17. De Schepper Flore 2.20.27

21. Reynaert Oona 2.25.98

25. Van Seymortier Zoë 2.37.23

verspringen benjamins meisjes (22)

1. Vanderbauwhede Kaat 3m40

11. Loman Danaë 2m91

12. Van Bever Antje 2m90

15. Reynaert Oona 2m81

20. De Schepper Flore 2m43

22. Van Seymortier Zoë 2m16

hockeywerpen benjamins meisjes (24)

5. Van Bever Antje 15m58

11. Vanderbauwhede Kaat 13m62

18. Loman Danaë 10m24

19. Reynaert Oona 9m86

22. De Schepper Flore 7m53

23. Van Seymortier Zoë 6m16

600m benjamins jongens (31)

2. De Cremer Hervé 1.58.82

4. Martens Robbe 2.02.78

8. Vandriessche Jelle 2.07.47

11. Mersseman Kilian 2.08.89

12. Meuleman Lars 2.11.68

13. De Vriese Jaron 2.15.02

21. Bogaert Mateo 2.20.97

| | |
|---------------------|---------|
| 22. Dierick Romain | 2.21.81 |
| 24. De Vriese Bent | 2.24.23 |
| 28. Decuyper Elias | 2.32.49 |
| 30. Messiaen Yander | 2.41.59 |

verspringen benjamins jongens (31)

| | |
|------------------------|------|
| 1. De Cremer Hervé | 3m75 |
| 6. Mersseman Kilian | 3m36 |
| 7. Bogaert Mateo | 3m15 |
| 9. Meuleman Lars | 3m07 |
| 10. Martens Robbe | 3m07 |
| 13. De Vriese Jaron | 2m97 |
| 17. Vandriessche Jelle | 2m89 |
| 18. Dierick Romain | 2m87 |
| 21. Decuyper Elias | 2m79 |
| 25. De Vriese Bent | 2m64 |
| 31. Messiaen Yander | 2m03 |

hockeywerpen benjamins jongens (32)

| | |
|------------------------|-------|
| 1. De Cremer Hervé | 32m87 |
| 3. Martens Robbe | 25m19 |
| 4. Meuleman Lars | 24m60 |
| 10. De Vriese Jaron | 20m84 |
| 15. Mersseman Kilian | 18m67 |
| 18. Vandriessche Jelle | 17m75 |
| 25. Bogaert Mateo | 13m23 |
| 27. Decuyper Elias | 12m64 |
| 29. Verlinden Victor | 11m15 |
| 30. Dierick Romain | 10m96 |
| 31. Messiaen Yander | 10m85 |

1.000m pupillen meisjes (22)

| | |
|------------------------|---------|
| 4. Demeulemeester Lisa | 3.40.84 |
| 6. Vander Beken Amber | 3.47.94 |
| 9. De Schepper Kato | 3.52.15 |
| 11. Ketsman Febe | 3.55.16 |
| 15. Vandewalle Febe | 4.03.40 |

hoogspringen pupillen meisjes (25)

| | |
|-------------------------|------|
| 4. Demetter Kaat | 1m20 |
| 5. De Vleeschauwer Femi | 1m15 |
| 8. Vandewalle Febe | 1m10 |
| 9. Demeulemeester Lisa | 1m10 |
| 11. Ketsman Febe | 1m10 |
| 14. Denooze Rayna | 1m10 |
| 17. De Schepper Kato | 1m05 |

kogelstoten 2kg pupillen meisjes (25)

| | |
|-------------------------|------|
| 5. De Vleeschauwer Femi | 7m11 |
| 7. Vandewalle Febe | 6m34 |
| 8. Demetter Kaat | 6m06 |

| | |
|-------------------------|------|
| 14. Demeulemeester Lisa | 5m03 |
| 16. Van Bever Noortje | 4m96 |
| 17. Ketsman Febe | 4m93 |
| 21. De Schepper Kato | 4m62 |

1.000m pupillen jongens (25)

| | |
|---------------------|---------|
| 9. De Cremer Arnaud | 3.27.24 |
| 13. De Rycke Milan | 3.43.11 |
| 15. Vandenhole Andy | 3.46.92 |

hoogspringen pupillen jongens (23)

| | |
|---------------------|------|
| 8. De Cremer Arnaud | 1m15 |
| 21. De Rycke Milan | 1m00 |

kogelstoten 2kg pupillen jongens (27)

| | |
|---------------------|------|
| 2. De Cremer Arnaud | 8m99 |
| 22. De Rycke Milan | 4m93 |
| 26. Vandenhole Andy | 4m08 |

80m miniemen meisjes (27)

| | |
|-------------------------|-------|
| 5. Vanrysselberghe Lara | 11.82 |
| 6. Andries Marie | 12.12 |
| 7. Depoppe Bronty | 12.14 |
| 13. Devenyns Celien | 12.54 |
| 16. Baert Amber | 12.65 |
| 18. Vanderbauwhede Leen | 12.88 |
| 26. Vandriessche Simcke | 13.85 |

verspringen miniemen meisjes (28)

| | |
|-------------------------|------|
| 8. Vanrysselberghe Lara | 3m71 |
| 11. Depoppe Bronty | 3m66 |
| 16. Vanderbauwhede Leen | 3m40 |
| 19. Andries Marie | 3m31 |
| 20. Devenyns Celien | 3m11 |
| 22. Baert Amber | 3m07 |
| 25. Vandriessche Simcke | 2m88 |

speerwerpen 400g miniemen meisjes (26)

| | |
|-------------------------|-------|
| 7. Baert Amber | 14m87 |
| 8. Andries Marie | 14m20 |
| 13. Devenyns Celien | 13m08 |
| 15. Depoppe Bronty | 11m66 |
| 19. Vandriessche Simcke | 9m99 |
| 25. Vanderbauwhede Leen | 7m27 |

80m miniemen jongens (36)

| | |
|-----------------------------|-------|
| 2. Vandriessche Jonas | 10.76 |
| 13. Martens Kasper | 11.66 |
| 17. Van Schuylenbergh Dries | 11.89 |
| 24. Vandermeersch Tom | 12.36 |
| 30. Mertens Kenny | 12.88 |

36. De Vleeschauwer Ruben 15.94

1.000m miniemen jongens (31)

4. Vandriessche Jonas 3.12.21
12. Martens Kasper 3.26.95
27. Vandermeersch Tom 3.45.73

speerwerpen 400g miniemen jongens (37)

7. Vandriessche Jonas 27m62
14. De Vleeschauwer Ruben 23m84
19. Mertens Kenny 20m81
28. Van Schuylenbergh Dries 17m58
35. Vandermeersch Tom 10m54
36. Martens Kasper 9m53

**POPERINGE, 6 juli 2013.
Kermismeeting.**

300m horden kadetten meisjes (9)

6. Vandermeulen Milena 55.02

**TORHOUT, 6 juli 2013.
Hamermeting.**

hamerslingeren masters dames W75+ (1)

1. Hanssens Rachel 25m28

**NINOVE, 7 juli 2013.
Jeugdmedaillemeeting.**

60m benjamins meisjes (27)

1. Denooze Imea 10.43

hoogspringen benjamins meisjes (8)

1. Denooze Imea 1m01

**BRAKEL, 7 juli 2013.
Raploperkesjogging.**

5 kilometer (94 deelnemers)

58. De Lange Elisa 28.28

9,5 kilometer (52 deelnemers)

7. Martens Freddy 37.04

14 kilometer (39 deelnemers)

10. Decroix Eddy 55.34
12. Van Nieuwenhuize Wim 59.10
14. De Lange Patrick 59.45

NINOVE, 11 juli 2013.**Avondmeeting.**800m kadetten meisjes (13)

5. De Lange Elisa 2.40.08

100m kadetten jongens (10)

2. Van Vlaenderen Emiel -0,5m/s 12.17

200m kadetten jongens (13)

2. Van Vlaenderen Emiel +1.8m/s 23.92

200m scholieren meisjes (13)

9. De Vos Soetkin +0,9m/s 30.03

3.000m scholieren meisjes (6)

2. Eeckhout Ilana 11.09.72

800m scholieren jongens (15)

3. Lefebvre Daan 2.01.93

3.000m scholieren jongens (7)

5. Robbens Dieter 10.09.40

800m jsm heren (32)

16. Deliveyne Aaron 2.06.29

MALDEGEM, 11 juli 2013.**Open meeting met jeugd.**600m benjamins meisjes (9)

2. Denooze Imea 2.17.54

kogelstoten 1kg benjamins meisjes (10)

4. Denooze Imea 5m26

60m pupillen meisjes (10)

3. Denooze Rayna 9.66

verspringen pupillen meisjes (10)

2. Denooze Rayna 3m62

100m horden kadetten jongens (4)

4. Goubau Gilles -2,0m/s 19.26

100m scholieren meisjes (4)

3. Vandermeulen Yelena -3,0m/s 13.83

300m scholieren meisjes (5)

4. Vandermeulen Yelena 44.07

100m jsm heren (13)

| | | |
|----------------------|---------|-------|
| 8. Van De Velde Koen | -1,8m/s | 12.36 |
| 10. Descamps Anton | -1,8m/s | 12.62 |

**TAMPERE (Finland), 11-14 juli 2013.
Europees Kampioenschap Beloften.**

hoogspringen beloften dames (23)

kwalificaties:

| | | |
|----------------------|----------|------|
| 4. Van Hessche Hanne | Q | 1m84 |
|----------------------|----------|------|

finale:

| | | |
|----------------------|--|------|
| 7. Van Hessche Hanne | | 1m87 |
|----------------------|--|------|

**ZEVEGEM, 12 juli 2013.
Jogging Zevegem.**

5 kilometer (251 deelnemers)

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|----------------------|-------|
| 31. Blommaert Wouter | 20.42 |
|----------------------|-------|

10 kilometer (280 deelnemers)

| | |
|--------------------------|-------|
| 7. Decroix Eddy | 38.26 |
| 18. Reyntjens Guy | 40.10 |
| 24. Van Nieuwenhuize Wim | 40.57 |
| 120. Penninck Hendrik | 48.51 |
| 221. Penninck Ignace | 56.28 |

**HEUSDEN-ZOLDER, 13 juli 2013.
KBC Nacht van de Atletiek.**

800m scholieren meisjes 1996 (7)

| | |
|-------------------|---------|
| 3. Reynaert Hanne | 2.20.22 |
|-------------------|---------|

**CHATELINEAU, 13 juli 2013.
Werpmeeting.**

discuswerpen 1kg kadetten meisjes (4)

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|--------------|-------|
| 1. Lucas Vie | 30m80 |
|--------------|-------|

hamerslingeren 3kg kadetten meisjes (4)

| | |
|--------------|-------|
| 1. Lucas Vie | 40m90 |
|--------------|-------|

Clubrecord !

**OORDEGEM, 13 juli 2013.
VAL-jongerentrofee.**

vierkamp benjamins meisjes (27)

| | | |
|---------------------|--------|------------------|
| 13. Van Bever Antje | | 1.015 ptn |
| 14 | - 60m | 10.58 |
| 12 | - 600m | 2.15.23 |

| | | |
|----|---------|------|
| 13 | - ver | 3m03 |
| 12 | - kogel | 4m82 |

KORTRIJK, 14 juli 2013.
Guldensporenmeeting - Flanders Cup.

100m AC dames - voorprogramma (16)

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|--------------------|---------|-------|
| 7. Cozijns Lindsay | +0,1m/s | 12.62 |
|--------------------|---------|-------|

100m AC dames - hoofdprogramma (18)

| | | |
|---------------------|---------|-------|
| 16. Cozijns Lindsay | +1,2m/s | 12.42 |
|---------------------|---------|-------|

200m AC dames (18)

| | | |
|--------------------|---------|-------|
| 5. Cozijns Lindsay | +1,5m/s | 25.13 |
|--------------------|---------|-------|

800m AC dames (19)

| | | |
|---------------------|--|---------|
| 17. Decabooter Fien | | 2.38.96 |
|---------------------|--|---------|

800m AC heren (74)

| | | |
|-----------------------|--|---------|
| 46. Decabooter Thomas | | 2.03.60 |
|-----------------------|--|---------|

LOKEREN, 14 juli 2013.
Stripmeeting.

60m benjamins meisjes (14)

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|-----------------|--|-------|
| 3. Denooze Imea | | 10.42 |
|-----------------|--|-------|

600m benjamins meisjes (8)

| | | |
|-----------------|--|---------|
| 3. Denooze Imea | | 2.15.24 |
|-----------------|--|---------|

hockeywerpen benjamins meisjes (11)

| | | |
|-----------------|--|-------|
| 6. Denooze Imea | | 14m50 |
|-----------------|--|-------|

1.000m pupillen meisjes (11)

| | | |
|---------------------|--|---------|
| 11. Planckaert Kato | | 4.22.19 |
|---------------------|--|---------|

60m horden pupillen meisjes (18)

| | | |
|-------------------------|--|-------|
| 4. De Vleeschauwer Femi | | 12.82 |
|-------------------------|--|-------|

| | | |
|-----------------|--|-------|
| 9. Ketsman Febe | | 13.62 |
|-----------------|--|-------|

verspringen pupillen meisjes (28)

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|--------------------------|--|------|
| 10. De Vleeschauwer Femi | | 3m35 |
|--------------------------|--|------|

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|-------------------|--|------|
| 11. Demetter Kaat | | 3m33 |
|-------------------|--|------|

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|------------------|--|------|
| 15. Ketsman Febe | | 3m11 |
|------------------|--|------|

| | | |
|-------------------|--|------|
| 16. Denooze Rayna | | 3m02 |
|-------------------|--|------|

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|---------------------|--|------|
| 18. Planckaert Kato | | 2m99 |
|---------------------|--|------|

discuswerpen 0,6kg pupillen meisjes (20)

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|-------------------------|--|-------|
| 4. De Vleeschauwer Femi | | 15m97 |
|-------------------------|--|-------|

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|------------------|--|-------|
| 5. Demetter Kaat | | 15m29 |
|------------------|--|-------|

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|---------------------|-------|
| 18. Ketsman Febe | 10m42 |
| 19. Planckaert Kato | 8m64 |

4x60m pupillen meisjes (3)

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|-------------------------|-------|
| 1. De Vleeschauwer Femi | 37.02 |
| Ketsman Febe | |
| Demetter Kaat | |
| Planckaert Kato | |

kogelstoten 3kg miniemen jongens (14)

| | |
|--------------------------|------|
| 5. De Vleeschauwer Ruben | 8m00 |
|--------------------------|------|

ST. MARGRIETE, 19 juli 2013.

18de Cameradostocht.

16,093 kilometer (74 deelnemers)

| | |
|--------------------------|---------|
| 12. Van Nieuwenhuize Wim | 1u07.48 |
|--------------------------|---------|

BRUSSEL, 20-21 juli 2013.

Belgisch kampioenschap AC.

400m AC dames (20)

reeksen:

| | |
|--------------------|-------|
| 7. Cozijns Lindsay | 56.23 |
|--------------------|-------|

finale:

| | |
|--------------------|-------|
| 8. Cozijns Lindsay | 56.69 |
|--------------------|-------|

hoogspringen AC dames (8)

| | |
|-----------------------------|-------------|
| 1. Van Hessche Hanne | 1m85 |
|-----------------------------|-------------|

Belgisch kampioene!

100m AC heren (34)

reeksen:

| | | |
|--------------------------|----------------|-------|
| 10. De Meulemeester Alan | <u>+0,4m/s</u> | 11.04 |
|--------------------------|----------------|-------|

| | | |
|-----------------|----------------|-------|
| 30. Huwel Klaas | <u>-0,4m/s</u> | 11.58 |
|-----------------|----------------|-------|

200m AC heren (34)

reeksen:

| | | |
|-------------------------|----------------|-------|
| 9. De Meulemeester Alan | <u>+0,0m/s</u> | 22.20 |
|-------------------------|----------------|-------|

| | | |
|-----------------|----------------|-------|
| 30. Huwel Klaas | <u>+0,7m/s</u> | 22.95 |
|-----------------|----------------|-------|

finale:

| | | |
|-------------------------|----------------|-------|
| 8. De Meulemeester Alan | <u>-0,4m/s</u> | 21.88 |
|-------------------------|----------------|-------|

RIETI (Italië), 18-21 juli 2013.

Europees Kampioenschap Junioren.

4x400m junioren heren (11)

reeksen:

| | |
|------------------------------|---------|
| 9. BELGIË met Simon De Lange | 3.12.96 |
|------------------------------|---------|

OUDENAARDE, 23 juli 2013.
Vakantiemeeting.

100m kadetten meisjes (9)

| | | |
|------------------------|----------------|-------|
| 5. Schelfhout Fien | <u>+1,4m/s</u> | 13.98 |
| 8. Vandermeulen Milena | <u>+1,4m/s</u> | 14.21 |

300m kadetten meisjes (15)

| | | |
|-------------------------|--|-------|
| 4. Heyse Sara | | 45.65 |
| 6. De Lange Elisa | | 46.14 |
| 7. Schelfhout Fien | | 46.37 |
| 10. Vandermeulen Milena | | 47.71 |

100m kadetten jongens (13)

| | | |
|-------------------|----------------|-------|
| 11. Klein Joachim | <u>+0,5m/s</u> | 12.93 |
|-------------------|----------------|-------|

1.000m kadetten jongens (7)

| | | |
|-----------------|--|---------|
| 2. Buyck Jasper | | 2.52.30 |
|-----------------|--|---------|

hoogspringen kadetten jongens (7)

| | | |
|------------------|--|------|
| 5. Klein Joachim | | 1m45 |
| 6. Moreels Anton | | 1m40 |

100m scholieren meisjes (6)

| | | |
|------------------------|----------------|-------|
| 1. Vandermeulen Yelena | <u>+0,4m/s</u> | 13.32 |
| 3. Bosschaert Laure | <u>+1,2m/s</u> | 13.92 |

300m scholieren meisjes (7)

| | | |
|------------------------|--|-------|
| 3. Vandermeulen Yelena | | 43.89 |
| 6. Bosschaert Laure | | 47.17 |

1.000m scholieren meisjes (9)

| | | |
|-------------------|--|---------|
| 1. Reynaert Hanne | | 2.59.56 |
|-------------------|--|---------|

100m scholieren jongens (8)

| | | |
|-------------------------|----------------|-------|
| 6. Van Laethem Matthias | <u>+1,4m/s</u> | 12.51 |
| 8. Segers Michiel | <u>+1,4m/s</u> | 12.71 |

300m scholieren jongens (10)

| | | |
|----------------------------|--|-------|
| 2. Van Hauwermeiren Jasper | | 37.18 |
| 8. Van Laethem Matthias | | 40.71 |
| 9. Segers Michiel | | 40.85 |

1.000m scholieren jongens (3)

| | | |
|----------------------|--|---------|
| 3. Vanderbeken Jonas | | 2.46.07 |
|----------------------|--|---------|

1.000m jsm dames (3)

| | | |
|------------------------|--|---------|
| 2. Van Schaeren Hedwig | | 3.31.87 |
| 3. Vermeulen Annie | | 3.32.73 |

Clubrecord masters dames W50+!

3.000m jsm dames (6)

3. Goossens Martine 11.50.26

kogelstoten 3kg masters dames W50+ (3)

2. Rogiers Conny 7m27

kogelstoten 2kg masters dames W80+ (1)

1. Hanssens Rachel 7m96

speerwerpen 500g masters dames W50+ (1)

1. Rogiers Conny 12m75

100m jsm heren (17)

1. Huwel Klaas +0.3m/s 11.37
7. Ghyselinc Ben +1.1m/s 11.99
14. Geenens Dieter +1.1m/s 12.24

300m jsm heren (20)

1. Huwel Klaas 35.28

Clubrecord!

12. Ghyselinc Ben 38.46

1.000m jsm heren (27)

1. Winnepeninx Solomon 2.32.55
4. Ver Cruysse Anthony 2.34.55
6. Rogge Simon 2.36.64
9. Deliveyne Aaron 2.41.29
10. Decabooter Thomas 2.42.85
11. Bauters Ben 2.43.03
14. Gheerolfs Joachim 2.45.64
15. Wieleman Jonas 2.47.76
17. Goethals Jurgen 2.48.28

Clubrecord masters heren M40+!

26. Demetter Pieter 3.04.93

3.000m jsm heren (18)

6. De Smet Wouter 9.28.90
13. Martens Freddy 10.49.07
14. De Lange Patrick 11.13.91

verspringen jsm heren (1)

1. Cantaert Joris +2,3m/s 5m05
+1,9m/s 5m00

kogelstoten 7,26kg jsm heren (5)

1. Van Coppenolle Floris 11m91
5. Geenens Dieter 8m06

discuswerpen 2kg jsm heren (4)

1. Van Coppenolle Floris 37m32
4. Geenens Dieter 25m62

WENDUINE, 26 juli 2013.
17de 10 Mijl Wenduine-De Haan.

10 mijl (240 deelnemers)

28. Decroix Eddy 1u05.09

OUDENAARDE, 27 juli 2013.
Masters Trophy - wedstrijd 3.

mijl masters dames (10)

5. Vermeulen Annie 6.00.12

Clubrecord masters dames W50+!

hoogspringen masters dames (3)

3. Rogiers Conny 1m10

kogelstoten 3kg masters dames W50+ (9)

4. Rogiers Conny 7m43

kogelstoten 2kg masters dames W75+ (1)

1. Hanssens Rachel 7m76

speerwerpen 500g masters dames W50+ (3)

2. Rogiers Conny 14m35

discus 0,75kg masters dames W75+ (1)

1. Hanssens Rachel 18m13

100m masters heren (11)

1. Geenens Dieter +0,0m/s 12.31

mijl masters heren (10)

1. Goethals Jurgen 4.55.33

8. Demetter Pieter 5.31.45

speerwerpen 800g masters heren M35-45 (5)

2. Geenens Dieter 37m77

5.000m mixed (23)

11. Martens Freddy 19.28.19

12. Goethals Jurgen 19.30.76

13. De Lange Patrick 20.05.55

14. Ketsman Freddy 20.34.20

18. Demetter Pieter 21.04.24

19. Goossens Martine 21.04.42

NINOVE, 27 juli 2013.
Memorial Rasschaert - Flanders Cup.

100m AC dames (57)

| | | |
|---------------------|----------------|-------|
| 21. Cozijns Lindsay | <u>-0.7m/s</u> | 12.62 |
|---------------------|----------------|-------|

200m AC dames (57)

| | | |
|---------------------|----------------|-------|
| 14. Cozijns Lindsay | <u>-0.8m/s</u> | 25.30 |
|---------------------|----------------|-------|

400m AC dames (33)

| | | |
|--------------------|--|-------|
| 26. De Lange Elisa | | 64.20 |
|--------------------|--|-------|

800m AC dames (73)

| | | |
|--------------------|--|---------|
| 29. Reynaert Hanne | | 2.17.79 |
|--------------------|--|---------|

hoogspringen AC dames (7)

| | | |
|----------------------|--|------|
| 1. Van Hessche Hanne | | 1m81 |
|----------------------|--|------|

100m AC heren (98)

| | | |
|--------------------------|----------------|-------|
| 13. De Meulemeester Alan | <u>-0.1m/s</u> | 10.81 |
|--------------------------|----------------|-------|

Clubrecord junioren!

| | | |
|-----------------|----------------|-------|
| 32. Huwel Klaas | <u>-0.9m/s</u> | 11.40 |
|-----------------|----------------|-------|

| | | |
|---------------------------|----------------|-------|
| 42. Van Hauwermeiren Jasç | <u>-0.4m/s</u> | 11.62 |
|---------------------------|----------------|-------|

200m AC heren (78)

| | | |
|--------------------------|----------------|-------|
| 19. De Meulemeester Alan | <u>+0.2m/s</u> | 21.94 |
|--------------------------|----------------|-------|

| | | |
|-----------------|----------------|-------|
| 37. Huwel Klaas | <u>+0.1m/s</u> | 23.02 |
|-----------------|----------------|-------|

| | | |
|---------------------------|----------------|-------|
| 42. Van Hauwermeiren Jasç | <u>+0.4m/s</u> | 23.35 |
|---------------------------|----------------|-------|

800m AC heren (67)

| | | |
|-------------------------|--|---------|
| 44. Ver Cruysse Anthony | | 2.00.13 |
|-------------------------|--|---------|

| | | |
|-----------------|--|---------|
| 49. Rogge Simon | | 2.02.60 |
|-----------------|--|---------|

| | | |
|-----------------------|--|----------|
| Winnepeninckx Solomon | | afgelast |
|-----------------------|--|----------|

| | | |
|---------------|--|----------|
| Lefebvre Daan | | afgelast |
|---------------|--|----------|

| | | |
|-------------------|--|----------|
| Gheerolfs Joachim | | afgelast |
|-------------------|--|----------|

| | | |
|-------------------|--|----------|
| Vanderbeken Jonas | | afgelast |
|-------------------|--|----------|

| | | |
|----------------|--|----------|
| Wieleman Jonas | | afgelast |
|----------------|--|----------|

1.500m AC heren

| | | |
|-----------------|--|----------|
| Deliveyne Aaron | | afgelast |
|-----------------|--|----------|

| | | |
|--------------|--|----------|
| Buyck Jasper | | afgelast |
|--------------|--|----------|

5.000m AC dames en heren

| | | |
|----------------|--|----------|
| De Smet Wouter | | afgelast |
|----------------|--|----------|

LIER, 27 juli 2013.

Midzomerjeugdmeeting.

60m pupillen meisjes (18)

| | | |
|------------------------|--|------|
| 5. De Vleeschauer Femi | | 9.59 |
|------------------------|--|------|

60m horden pupillen meisjes (7)

| | | |
|------------------------|--|-------|
| 5. De Vleeschauer Femi | | 12.85 |
|------------------------|--|-------|

discuswerpen 600g pupillen meisjes (15)

1. De Vleeschauwer Femi 18m02

speerwerpen 400g miniemen jongens (11)

7. De Vleeschauwer Ruben 20m20

discuswerpen 750g miniemen jongens (18)

11. De Vleeschauwer Ruben 19m01

**EKE, 28 juli 2013.
Kermisjogging Eke-Landuit.**

10 kilometer (66 deelnemers)

7. Decroix Eddy 36.40

17. Van Nieuwenhuize Wim 39.11

**SINT-NIKLAAS, 28 juli 2013.
VAL-jongerentrofee.**

vierkamp benjamins jongens (31)

17. Hanssens Jorre **843 ptn**

21 - 60m 11.08

9 - 600m 2.14.99

20 - ver 2m73

10 - hockey 21m40

vierkamp pupillen meisjes (15)

1. Hanssens Ilana **1.875 ptn**

2 - 60m 9.06

1 - 1.000m 3.26.28

1 - ver 3m96

13 - kogel 5m10